

# NORTH EAST 2018

STUDY DAYS - 3 hours CPD  
for GPs & NURSES

GP Forum, PO Box 234, Chesterfield S45 9YS

T: 01246 861 711 E: info@gpforum.com www.gpforum.com

You are invited to attend the following Primary Care programmes. A Certificate of Attendance will be issued along with a Personal Development Plan summary form, which will be supplied for your portfolio. Any lecture notes provided by the speakers will be available to download.

**There will be no charge for attending these meetings.**

**FORMAT: "Interactive Learning" with presentations giving ample time for face to face questions and discussion with speakers.**

## NEWTON AYCLIFFE - DERMATOLOGY

XCEL CENTRE, LONG TENS WAY, AYCLIFFE BUSINESS PARK, DL5 6AP

**THURSDAY 8<sup>th</sup> FEBRUARY 2018**

AGENDA 3 hours CPD

11.30am MEDICAL EXHIBITION OPENS

12noon LUNCH

1.00pm "MANAGING ECZEMA AND ACNE IN CHILDREN AND ADOLESCENTS"

To include: \*Practical tips on emollients and topical steroids

Fiona Elliot, Nurse Specialist

2.00pm "MANAGEMENT OF PSORIASIS AND ROSACEA IN ADULTS"

To include: \*Practical tips on topical therapies

Fiona Elliot, Nurse Specialist

3.00pm Refreshments

3.30pm "RECOGNISING, DIAGNOSING & MANAGEMENT OF SKIN CANCER"

To include: \*Red Flag signs that indicate a need for urgent referral

\*Basal Cell & Squamous Cell Carcinoma \*Melanoma \*Merkel Cell Cancer

\*Mohs Surgery, \*Reconstructive cutaneous surgery, \*Dermoscopy as an aid to the diagnosis of benign & malignant skin lesions

Dr Maneesha Vatve, North Durham & Darlington Hospitals

4.30pm Questions, Discussion - Close

## SUNDERLAND - WOMEN'S HEALTH

QUALITY HOTEL, WITNEY WAY, BOLDON, NE35 9PE

**WEDNESDAY 7<sup>th</sup> MARCH 2018**

AGENDA 3 hours CPD

11.30am MEDICAL EXHIBITION OPENS

12noon LUNCH

1.00pm "PROLAPSE & RECURRENT PROLAPSE"

\*Types of prolapse \*Pessary treatment \*Surgical options \*Recurrent prolapse

\*Use of mesh for prolapse repair

Mr Alex Mortimer, City Hospitals Sunderland

1.45pm "FEMALE URINARY INCONTINENCE"

\*Assessment of incontinence \*Conservative options

\*How to run a bladder re-training service \*Drug treatments

\*Surgical options \*Role of urodynamics \*Advanced treatment options

Mr Alex Mortimer, City Hospitals Sunderland

2.30pm Refreshments

3.00pm "MANAGING HORMONAL CHANGES IN THE LIFE STAGES OF WOMEN"

"Dealing with the perimenopause and menopausal transition"

\*Making a diagnosis without blood tests \*HRT options

\*Risks and benefits of HRT, based on NICE guidance \*Case studies

Dr Julie Oliver, GPwSI - North Durham CCG

4.00pm Questions, Discussion - Close

## DURHAM - WOMEN'S HEALTH

THE DURHAM CENTRE, BELMONT INDUSTRIAL ESTATE, DH1 1TN

**WEDNESDAY 14<sup>th</sup> FEBRUARY 2018**

AGENDA 3 hours CPD

11.30am MEDICAL EXHIBITION OPENS

12noon LUNCH

1.00pm "PROLAPSE & RECURRENT PROLAPSE"

\*Types of prolapse \*Pessary treatment \*Surgical options

\*Recurrent prolapse \*Use of mesh for prolapse repair

Mr Jonathan Bradley, University Hospital of North Durham

1.45pm "FEMALE URINARY INCONTINENCE"

\*Assessment of incontinence \*Conservative options \*How to run a bladder re-training service

\*Drug treatments \*Surgical options \*Role of urodynamics \*Advanced treatment options

Mr Jonathan Bradley, University Hospital of North Durham

2.30pm Refreshments

3.00pm "ENDOMETRIOSIS & FIBROIDS"

Dr Partha Sengupta, University Hospital of North Durham

4.00pm Questions, Discussion - Close

## MIDDLESBROUGH - PATHOLOGY

TAD CENTRE, ORMESBY ROAD, MIDDLESBROUGH, TS3 7SF

**WEDNESDAY 21<sup>st</sup> MARCH 2018**

AGENDA 3 hours CPD

11.30am MEDICAL EXHIBITION OPENS

12noon LUNCH

1.00pm "HAEMATOLOGY TESTS - WHAT TO MONITOR & WHEN TO REFER"

Learning Objectives: \*Haematology tests in Primary Care \*What parameters to assess?

\*How to deal with values outside the normal range?

\*What values to monitor? \*When to refer to Secondary/Tertiary services?

Full Blood Count - What parameters to look at?

Red Cells \*Haemoglobin (and HCT) \*MCV \*RBC Count

\*WC Count & differential \*Platelet count

Dr Yogesh Upadhye, Sunderland Royal Hospital

2.30pm Refreshments

3.00pm "HOW BEST TO USE THE MICROBIOLOGY LABORATORY & ANTIBIOTIC GUIDELINES"

\*MRSA \*C. Difficile \*Resistant gram negatives \*Antibiotic guidelines

\*UTIs \*Zika virus & other tropical disease

Dr Giuseppe Bignardi, Sunderland Royal Hospital

4.15pm Questions & Discussion - Close

(Programmes may be subject to change)

The companies attending the medical exhibition are helping to sponsor the cost of the educational programme.

Your interest in the exhibition therefore would be gratefully appreciated.

We look forward to your attendance at what are sure to be a very informative and enjoyable events.

## DOCTOR & NURSE REGISTRATION FORM 2018

DOCTOR  NURSE

NEWTON AYCLIFFE 8<sup>th</sup> Feb  DURHAM 14<sup>th</sup> Feb  SUNDERLAND 7<sup>th</sup> March  MIDDLESBROUGH 21<sup>st</sup> March

Complete in CAPITALS Name: .....

Your email: .....

In the interests of the economy and the environment we would prefer to respond to you by email.

Surgery / P/Manager email: .....

Surgery Address: .....

Postcode: ..... Tel: .....

CCG: .....

Lunch - tick box Yes  No

Signed: .....

Register by email to [info@gpforum.com](mailto:info@gpforum.com) or return to: GP FORUM, PO BOX 234, CHESTERFIELD S45 9YS